



11, King Alfreds Road, Sedbury NP16 7AG,

# SPRING NEWSLETTER 2021

Welcome to our termly newsletter in which we keep you up-to-date with what's going on at  
**Sedbury Space.**

e-mail: [info@sedburyspace.org.uk](mailto:info@sedburyspace.org.uk)

## FareShare

FareShare is the UK's longest running food redistribution charity. They were born out of the belief that no good food should go to waste, especially when people are going hungry. The organisation was established in 1994 by the homeless charity Crisis in collaboration with Sainsbury's. 2019 marked FareShare's 25-year anniversary of fighting hunger and food waste. The biggest charitable operation of its kind in the UK, in the 25 years since its launch, FareShare has provided food equivalent to 236.8 million meals – all provided to people in need via our network of frontline charities, and worth £179.9 million in costs avoided by the voluntary sector if they bought the same food and drink.



Sedbury Space are pleased to be able to help with this food redistribution in Sedbury and Beachley, especially with the additional difficulties families are facing during the Covid-19 pandemic. If you could benefit from FareShare and would like to help reduce supermarket surplus, please do get in touch with us on 07522 1788639.



## Activities

**Due to lockdown in November and then a further current lockdown, our regular activities are still unfortunately on hold at present. However, we have been able to open the centre to facilitate two local organisations to provide a vital service locally in Sedbury.**

**Christians against Poverty and Teens in Crisis have very much appreciated to be able to continue their valuable and vital work with their clients during lockdown restrictions within the community.**

## Getting ready to open – can you help?

Following the Government's announcement on Monday 22<sup>nd</sup> February, we now have the roadmap for coming out of lockdown.

After almost a year without any of our regular activities taking place at Sedbury Space, there will be some tasks needing to be done to get us ready for our eagerly anticipated re-opening.

The garden area, the shed, the library to name but a few. If you would be able to offer some time to help, please do get in touch on 07522 178639 or [managersedburyspace@gmail.com](mailto:managersedburyspace@gmail.com)

# census 2021

## "Ready, steady, census"

*The decennial census is almost upon us.*

*Households across **Sedbury** will soon be asked to take part in the nationwide survey of housing and the population. It has been carried out every decade since 1801, with the exception of 1941.*

*Information from the digital-first census will help decide how services are planned and funded in your local area. This could mean things like doctors' surgeries, housing or new bus routes.*

*Households will receive a letter with a unique access code in the post, allowing them to complete their questionnaire online. Paper questionnaires will be available on request.*

*Census day is March 21 2021*

## Food Hamper distribution

*Susan, our Centre Manager was busy last week involved in a project organized by FVAF, distributing 100 hampers to Secondary schools across the Forest of Dean. This was a collaboration with the Local Equality Commission, Sixteen Community Café, FareShare and The Forest Foodbank creating hampers with essential cupboard goods, recipe cards and stationery.*

*Foodbanks have reported a massive 61% increase in demand with tens of thousands of people using food banks for the first time.*



## Christmas Card Competition

*In our Autumn newsletter we launched our Christmas Card competition. Pictured above is the winning entry which was created by Saffron-Lily Williams. As our winner, Saffron-Lily was presented with a voucher from One Stop Stationers in Chepstow, enabling her to buy some new artists materials.*

## Gentle Exercise via Zoom

**After a successful application, we are delighted to say that we have been able to secure a years joint funding from Active Gloucestershire and Barnwood Trust ensuring that our classes can continue even through lockdown without disruption. Our regular participants now have wrist weights and resistance bands too, meaning they are able to access a full range of exercises. If you are interested in joining in please contact Susan on 07522 178639**

## **Trustees<sup>(T)</sup> & Officers**

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**Two Rivers rep: Mrs Justine Skitt**

**01531 829289**

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**Other Trustees & Committee Members:**

**Mrs Virginia Lyall**

Check out our website:

**[www.sedburyspace.org.uk](http://www.sedburyspace.org.uk)**

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