

11, King Alfreds Road, Sedbury NP16 7AG,

Part-time Centre Manager now in post



NEWSLETTER – SUMMER 2020

Welcome to our termly newsletter in which we keep you up-to-date with what's going on at Sedbury Space.

e-mail: info@sedburyspace.org.uk



Our new Centre Manager, Susan Riordan, was recently appointed to this new role to help the Trustees and Committee with administration, volunteer management, networking and promotion & co-ordination of activities. She has previously worked in adult education and in schools and volunteered in many community activities, including CMYT and helping to organise the Tutshill Scarecrow Trail. Susan has lived in the local area for almost 24 years and is very much looking to being part of the Sedbury Space team and meeting everyone in person very soon!

Susan our new Centre Manager has been busy in post since starting on 20th April despite the centre not being open. One of the first jobs was to familiarise herself with the policies and procedures in place for the Centre and learn all about the background and development of Sedbury Space, through regular meetings with Janice Hamilton.

Susan has introduced herself to the Friends of Sedbury space and collected the subscriptions for this half of the year and started on the updating of the brochure.

Taking part in a weekly forum for Community Organisations across the Forest of Dean has been a vital source of information and a means to making many useful connections across the area. Susan is also setting up Sedbury Space's very own Facebook page in order to improve our presence on social media. Look out for this and help spread the word by liking and following the page.

<u>New Arrivals</u>

Caroline Sutherland, until recently, one of our Trustees, and her husband Adam are delighted to announce the safe arrival of their twins, a boy and a girl, Henry and Poppy.



We wish them health and happiness as a family together and look forward to them visiting us at Sedbury Space very soon.

POLICE AND CRIME COMMISSIONER VISIT AND DONATION



In March we were delighted to receive a cheque for over £100 from the Police and Crime Commissioner Martin Surl. He nominated Sedbury Space as one of the charities to receive donations received at the Police carol service at Tewkesbury Abbey in 2019. Pictured above Revd. Janice Hamilton (Chair), Mr Graham Drew (Parish Council Rep. and Mrs Virginia Lyall (Committee Member).

Virtual Café via Zoom starting Wednesday 17th June from 2 pm to 3pm

As the lockdown restrictions continue for so many of us, we have decided to run a Virtual Café via Zoom starting on Wednesday 17th June from 2 pm until 3 pm.

All you need is your own device with a camera; a smartphone is ok but a tablet/ipad or laptop is better as you can see more people at once. If you would like to receive the link or have any problems joining please call 07522 178639 or info@sedburyspace.org.uk

Café

Although we can't meet up in person, advice and help is still available by email or telephone from Sedbury Space. Also, a list of useful numbers is included below.



Gloucestershire Community Help Hub : Gloucestershire's councils and partners have created a community help hub to connect local people who need help, with others who can provide the support they need:- 01452 583519

Gloucestershire Domestic Abuse Support Service:-01452 726570 (Mon-Fri, 9.00 – 5.00). or 0800 2000 247 Age UK Gloucestershire :- 01452 422660 or for a friendly chat call their free Friendline on 0800 2980579

CAMHS Helpline for children, young people and families :-01452 894300

Teens in Crisis:- 01594 372777

Feeding the 5000 :-7 meals for £25 delivered to your door :-01594 715785

Home Start:- Support for FoD families with children under 5:- 07584 472025

Forest Mobile Meals Ltd (formerly Age Concern): supplying meals for vulnerable and elderly people :- 01594 827927

Church of England Daily Hope:- Music, prayers and reflections:- 0800 804 8044

Sedbury space:- 07522 178639

Trustees ^(T) & Officers

Chair: Revd Janice Hamilton ^(T) 01291 626158, 07749 130323 Secretary: Mrs Carol Clammer Treasurer: Mrs Karen Maggs^(T) Company Secretary: Mr Mike Fierro ^(T) Health & Safety: Mr Gary Grant ^(T) 07840 822217 Safeguarding: Mr Richard Skinner ^(T) 07927 051328 Two Rivers rep: Mrs Justine Skitt 01531 829289 Parish Council rep: Mr Graham Drew

Other Trustees & Committee Members: *Mrs Pam Clark, Mrs Virginia Lyall*

<u>Regular Groups and Activities – ON HOLD</u> <u>AT PRESENT</u>

MONDAY morning - Cleaning 3.30-4.30pm Homework Club # TUESDAY 9 – 9.30am Morning Prayer Φ 10am – 12pm One Stop Café 12.45 – 3pm Gentle exercise class * WED'SDAY 2 – 3.30pm Memory Café (1st) * 11.30am – 9.30pm 'The Well' (2nd) Φ 2 - 3.30pm Shared Reading Grp (last) 7.30 - 9pm Life group Φ THURSDAY 11am-12pm Health Walkers Café Φ 7.30 – 9.30pm Board Games Café (occas) FRIDAY 10am – 12pm Happy Crafters

term time only *At the Village Hall Φ Non Sedbury Space activities but open to all

AGM HELD VIA ZOOM

Our AGM was successfully held on 19th May via Zoom. We are delighted to be able to welcome our two newly appointed trustees, Mr Mike Fierro as Company Secretary and Mrs Karen Maggs as Treasurer.

We are very much looking forward to working with Mike and Karen in the coming months – welcome to the team!

Friends of Sedbury Space as well as trustees and committee members joined in the meeting and we were so pleased to hear how Sedbury Space is a godsend to some.