



11, King Alfreds Road, Sedbury NP16 7AG,

MEMORY CAFÉ

Our monthly memory café takes place on the first Wednesday of every month in Sedbury Village Hall from 2 – 3.30 pm.

How lovely it has been to welcome back familiar faces and to swell our numbers with new members too. For our October session we had some uniformed visitors to talk to us about fire safety in the home and they were able to sign up our members for their home safety check visits, such a valuable service offered by our Fire Service.



Pictured above is Claire Smeeth from Crossroads Gloucestershire who has supported our Memory Café since it began.

AUTUMN NEWSLETTER 2021

Welcome to our termly newsletter in which we keep you up-to-date with what's going on at Sedbury Space.

e-mail: info@sedburyspace.org.uk

Introducing Lee Durbin our new Chair of Sedbury Space.



My name is Lee Durbin, I've lived and worked in the area for twenty odd years. I'm a teacher at Wydean and I'm excited to see how I can support the work Sedbury Space is doing in the community.

Hi!! I'm Emily and I'm super excited to announce that I am starting a new adventure as a community youth worker for Tidenham Parish Council.



Young people are the experts in their own lives but my role will be to provide support and develop approaches that improve access to a wide range of services for youth whether that be mental, physical, emotional, social or spiritual.

Adolescence was a difficult time for me and I feel honoured to have the opportunity to share my experiences and the life lessons I have learnt to help make someone's else road to adulthood a little easier.

I can't wait to find out where this new journey is going to take us!

My name is Nicki Bullivant. I was born and brought up in Tidenham Parish and have lived here for most of my life. I served on Tidenham Parish council for two years.

I worked as an NHS nurse for 36 years, working in St Lawrence hospital, the Royal Gwent, and latterly, Chepstow hospital. I retired from nursing in August this year.

I was ordained a Church of England priest in June 2021 after 4 years of intensive training both in college and in local parishes.

At the end of September, I started a new role: Wellbeing Chaplain for the whole of Tidenham Parish. My aim is to help those within the parish to address any issues or concerns they might have in relation to their physical, spiritual, relational, or emotional wellbeing, especially as we emerge from the Covid 19 pandemic.

I will be working collaboratively with other agencies within the parish and am excited about this new opportunity to serve my local community.

If you see me out and about, please don't hesitate to stop me for a chat. Likewise, if you would like to contact me my phone number is 07936 787 409.



Craft group
starting 5th November 10.30-
12.30 fortnightly



Please get in touch if you are interested in any of the events listed in this newsletter.



SAFE SPACE

The Covid 19 pandemic has left many individuals and families struggling with drug and alcohol related problems. To help overcome some of these challenges, Sedbury Space is pleased to announce a new confidential advice and support service available to all in our community. Provided by an experienced and qualified Advanced Practitioner the drop-in service is available on the fortnightly every month from 6pm-7pm at Sedbury Space. You can also make confidential contact by phone or email for advice, to book an appointment or a video chat.



Trustees^(T) & Officers

Chair: Mr Lee Durbin^(T)
Secretary: Mrs Carol Clammer^(T)
Treasurer: Mrs Karen Maggs^(T)
Company Secretary: Mr Mike Fierro^(T)
Health & Safety: Mr Gary Grant^(T)
07840 822217
Safeguarding: Mr Richard Skinner^(T)
07927 051328
Two Rivers rep: Mrs Justine Skitt
01531 829289
Parish Council rep: Mr Graham Drew
Centre Manager: Mrs Susan Riordan on 07522 178639